

On February 20, "Write a Legacy Letter to Your Family,"

In an Inspiring Workshop by Karen Knight, Certified Legacy Letter Facilitator

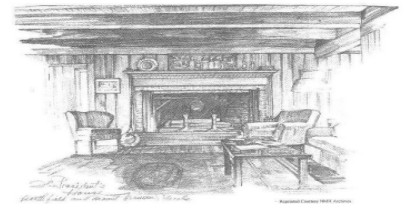


Saturday, February 20, 12-4p.m., Great Room
Centennial House Bed & Breakfast,
94 Main Street, Northfield, Mass.

This February, give someone you love a gift from the heart that's more valuable than your money or your possessions. Join Certified Legacy Letter Facilitator Karen Knight for an inspiring half-day workshop that will help you express your gratitude, love, values, life lessons, and wisdom in a letter to the ones you love.

The session will be valuable for anyone who is/has:

- Engaged in estate planning
- Become the 'family historian'
- Facing a medical challenge
- Approaching a milestone birthday
- Ready to communicate more fully and deeply with love ones.



Sketch, Great Room at Centennial House
Reprinted courtesy NMH Archives

Financial advisors, estate planners, doctors and other professionals have found it beneficial to introduce Karen to their clients.

Also called 'ethical will,' Legacy Letters are the foundation for preserving and communicating the richness of your life to future generations.

Benefits of Writing a Life Legacy Letter

- Provides personal time to take stock of your life
- Celebrates your personal and professional growth
- Helps you make future decisions with more clarity and purpose
- Speaks to how you wish to be remembered, in your own words
- Reflects on what you still want to do in your life
- Shares family values and history that would be lost over time

This Letter is a gift to you, the writer, as well as those who will read it.
It is often treated as a work in progress so it is never too early to begin.

The Cost: The cost of the workshop is \$95.00 per person.

To Register:

Or for more information, contact Karen at 413-747-5819 or email her at Karen@LifeLegacyCoaching.com

To learn what others have had to say about Karen's workshops, visit www.LifeLegacyCoaching.com.

Optional Accommodations

If you'd like the option of staying in Northfield, take advantage of the special 10% off rate/night* for workshop participants. Contact Joan or Steve at the Centennial House, 413-498-5921 or once you've registered for the workshop, book online at www.thecentennialhouse.com and mention 'workshop' in the notes field to receive the new rate.

*May not be combined with other discounts

